

JR Time Schedule

2023.3.18~

Bound for Matsumoto/ Nagano

First Train	Tadachi	Nagiso	Junikane	Nojiri	Kiso Fukushima	Matsumoto
Nakatsugawa 6:03	6:17	6:22	6:29	6:33	7:04	8:15
Nakatsugawa 6:43	6:57	7:02	7:09	7:13	7:42	8:54
Nakatsugawa 6:58	7:11	7:18	until Nagiso				
Nagoya 7:00	→	8:01	Shinano Express No.1		→	8:28	9:08
Nakatsugawa 7:40	8:02	8:12	8:22	8:26	8:54	10:33
Nakatsugawa 8:14	8:28	8:34	until Nagiso				
Nakatsugawa 9:35	→	9:50	*usually does not operate		→	10:30	
Nakatsugawa 10:00	10:13	10:19	10:26	10:31	11:02	12:23
Nagoya 10:00	→	11:00	Shinano Express No.7		→	11:24	12:04
Nakatsugawa 12:00	12:13	12:19	12:26	12:30	13:02	14:15
Nakatsugawa 13:00	13:13	13:19	until Nagiso				
Nakatsugawa 14:15	14:28	14:34	14:41	14:52	15:32	16:48
Nagoya 15:00	→	16:00	Shinano Express No.17		→	16:25	17:04
Nakatsugawa 16:00	16:13	16:19	until Nagiso				
Nakatsugawa 16:57	17:10	17:16	17:22	17:27	18:04	19:11
Nakatsugawa 17:57	18:10	18:16	18:26	18:30	19:13	20:24
Nakatsugawa 18:57	19:10	19:16	until Nagiso				
Nakatsugawa 20:00	20:13	20:19	20:26	20:30	20:58	21:55 until Shiojiri
Nagoya 19:40	→	20:43	Shinano Express No.25		→	21:09	21:49
Nakatsugawa 21:30	21:43	21:49	21:56	22:00	22:28	23:33
Nakatsugawa 23:10	23:23	23:29	until Nagiso				

Bound for Nakatsugawa/ Nagoya

First Train	Nojiri	Junikane	Nagiso	Tadachi	Nakatsugawa	Nagoya
Nagiso 5:47	from Nagiso		5:47	5:53	arrive 6:07 leave 6:11 (Week days) leave 6:12 (Holidays)	7:40
Nagiso 6:18	from Nagiso		6:18	6:24	arrive 6:38 leave 6:45 (Week days) leave 6:46 (Holidays)	8:12 (Week days) 8:09 (Holidays)
Nagiso 6:33	from Nagiso		6:33	6:39	arrive 6:53 leave 6:59 (Week days) leave 7:02 (Holidays)	8:26 (Week days) 8:27 (Holidays)
Kisofukushima 6:22	6:52	6:57	7:02	7:08	arrive 7:22 leave 7:31 (Week days) leave 7:32 (Holidays)	8:56 (Week days) 8:55 (Holidays)
Nagiso 7:25	from Nagiso		7:25	7:31	arrive 7:45 leave 7:49	9:08
Nagano 6:09	Shinano Express No.2		8:09	→	→	8:21	9:18
Matsumoto 6:32	8:16	8:21	8:26	8:32	arrive 8:46 leave 8:56	10:13
Nagiso 8:48	from Nagiso		8:48	8:54	arrive 9:08 leave 9:17	10:34
Matsumoto 7:43	9:52	9:57	10:08	10:14	arrive 10:28 leave 10:49	12:13
Matsumoto 10:30	12:21	12:25	12:33	12:39	arrive 12:54 leave 13:17	14:34
Nagiso 13:26	from Nagiso		13:26	13:32	arrive 13:45 leave 13:49	15:13
Matsumoto 12:23	14:30	14:34	14:42	14:47	arrive 15:15 leave 15:19	16:35
Shiojiri 14:18	*usually does not operate		15:34	→	→	arrive 15:48 leave 15:52	17:17
Nagano 14:00	Shinano Express No.16		15:56	→	→	16:08	17:07
Nagiso 16:28	from Nagiso		16:28	16:33	arrive 16:47 leave 16:52	18:17
Nagano 15:00	Shinano Express No.18		16:56	→	→	17:08	18:07
Matsumoto 14:37	16:35	16:39	16:59	17:04	arrive 17:18 leave 17:35	18:57
Nagano 16:00	Shinano Express No.20		17:56	→	→	18:08	19:07
Matsumoto 15:33	17:39	17:43	18:05	18:11	arrive 18:25 leave 18:35	19:57
Matsumoto 16:17	18:21	18:26	18:31	18:37	arrive 18:51 leave 18:55	20:20
Nagiso 19:31	from Nagiso		19:31	19:37	arrive 19:51 leave 19:57	21:17
Matsumoto 18:25	20:20	20:24	20:31	20:37	arrive 20:51 leave 20:56	22:20
Matsumoto 21:30	23:06	23:11	23:16	23:21	23:35 until Nakatsugawa	